Click and Collect pre-ordering available at www.frydays.net and via our facebook page

Frydous TAKEAWAY PRICE LIST

2 The Burrow, Seaton, Devon, EX12 2LW Tel: 01297 23911

Specialty Seafood

* Seafood Medley (Battered Chunky	/
Cod Bites, Salt & Pepper Squid,	
Breaded Prawns and Panko Calamari)	£9.00
Whitebait	£7.25
Grilled Swordfish Steak gf	£7.50
Grilled Tuna Steak gf	£6.75
Grilled Salmon Fillet gf	£8.50
Battered Squid Rings (8)	£7.00
Tiger Prawns in Filo Pastry (7)	£7.25
Skate (when available)	£7.75
Rock (Huss) (when available)	£7.50

Fish

Large Cod	£9.00
Standard Cod	£7.50
Mini Cod	£6.50
Cod Goujons	£6.50
Haddock	£8.50
Plaice	£7.50
Hake	£7.50
Pollock	£7.50
Wholetail Scampi (8)	£6.50
Cod Roe (2)	£5.00
Fishcakes (2)	£5.00
Fishfingers	£4.00

100% Chicken

¼ Roast Chicken	£6.75
Chicken Nuggets	£5.50
Chicken Burger	£5.50
Southern Fried Chicken Goujons	£6.00

Pukka Pies & Chunk Pasties

Steak & Kidney Pie	£5.25
Mince Beef & Onion Pie	£5.25
Chicken & Mushroom Pie	£5.25
Vegan Chicken & Mushroom Pie v vg	£5.25
Steak Pasty	£5.25
Roast Vegetable Pasty v vg	£5.25

Jacket Potatoes

Plain (without butter) gf v vg	£4.00
Plain (with butter) gf v	£4.00
With Baked Beans gf	£5.50
With Tuna Mayo gf	£6.50
With Cheese gf	£5.50
With Baked Beans & Cheese gf	£6.50

Burgers

served in a bun with lettuce and relish

	4oz	8oz
Beef Burger	£4.50	£6.50
Cheese Burger	£5.50	£7.00
Bacon & Cheese Burger	£6.50	£8.50
Monster Burger (3 x 4oz Beef patt	ies	
with cheese & battered onion rings	12 oz	£9.50
Veggie Burger	£4.50	

All our chips are from locally grown potatoes, freshly prepared and cut by hand daily

Small Chips (1 scoop) gf	£2.50
Standard Chips gf	£3.50
Large Chips gf	£4.50
Standard Cheesy Chips gf	£4.75
Large Cheesy Chips gf	£5.75
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Sausages

Saveloy	£3.50
Sausages (2) (Plain or Battered)	£3.50
Jumbo Sausage (1)	£3.50
Side Orders	
Mushy Peas (4oz pot) gf	£1.50
Baked Beans (4oz pot) gf	£1.50
Curry Sauce (4oz pot)	£1.50
Gravy (4oz pot)	£1.50
Homemade Tartare Sauce (2oz pot)	£1.00
Onion Rings (5)	£2.50

Pickled Egg Pickled Onion

Homemade Mushy Pea Fritter

Breaded Mushrooms garlic/plain

Pineapple Fritter (2 in golden syrup)

Onion Rings (10)

Pickled Gherkin

Bread Roll & Butter	£1.50
Sweet Chili Sauce	£1.00
BBQ Sauce	£1.00
Heinz Squeeze Me's	£0.50

Hot Drinks

Cutlery Pack

Soft Drinks

£1.50
£2.00
£1.70
£3.00

May 2022

£4.50

£4.00

£2.00

£4.50

£1.00

£0.85

£1.20

£0.50